



TAKE-HOME RESOURCE

Insurance Benefits & Worksheet

Insurance can feel like a maze – so let's make one clear call together. Fill in your plan details below, then call the member-services number on your insurance card and ask the questions on this sheet. **Bring it back to us and we'll help decode it.**

YOUR PLAN DETAILS

Member / subscriber name _____

Member ID _____

Plan name _____

Member-services phone (on card) _____

QUESTIONS TO ASK

1 Does my plan cover ABA therapy **CPT 97153**?

2 Do I need a prior authorization before services start?

3 Is a diagnosis report required, and how recent must it be?

4 What is my deductible, and how much of it is met?

5 What is my copay or coinsurance per session?

6 Is Cove ABA in-network with my plan?

PLANS COVE ABA WORKS WITH

◆ New York State Medicaid

◆ Aetna

◆ Anthem Empire Blue Cross
Blue Shield

◆ Carelon Behavioral Health

◆ EmblemHealth

◆ UnitedHealthcare (Optum)

◆ Cigna Behavioral (Evernorth)

Insurance networks change often. If your plan isn't listed, reach out anyway – we may still be able to help.

7 Is there a visit or hour cap (a limit on sessions or hours)?

FOR YOUR RECORDS

Reference / authorization # _____ **Representative's name** _____ **Date of call** _____

Bring this back to us and we'll help decode it – **this is exactly the part Cove handles with you.**
Call **(718) 400-2683** or email **info@coveaba.com**.